



THE PEANUT ROASTER NUTRITIONAL FACTS



ORIGINAL

GOLDEN GOURMET SALTED PEANUTS

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 85mg	4%
Total Carbohydrate 7g	2%
Dietary Fiber 5g	20%
Sugars 1g	
Protein 7g	
Iron 4%	
Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Canola, Peanut and/or Soybean Oil, Salt

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

GOLDEN GOURMET UNSALTED PEANUTS

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 0mg	0%
Total Carbohydrate 7g	2%
Dietary Fiber 5g	20%
Sugars 1g	
Protein 7g	
Iron 4%	
Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Canola, Peanut and/or Soybean Oil

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

SALTED IN THE SHELL

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 160	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 210mg	9%
Total Carbohydrate 8g	4%
Dietary Fiber 4g	16%
Protein 7g	
Iron 2%	
Not a significant source of cholesterol, sugars, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Salt

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

UNSALTED IN THE SHELL

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 160	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 2g	10%
Fat 0g	
Sodium 0mg	0%
Total Carbohydrate 8g	4%
Dietary Fiber 4g	16%
Protein 7g	
Iron 2%	
Not a significant source of cholesterol, sugars, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



ORIGINAL

RAW SHELLED PEANUTS

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 160	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 0mg	0%
Total Carbohydrate 8g	3%
Dietary Fiber 4g	16%
Protein 7g	
Iron 2%	
Not a significant source of cholesterol, sugars, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

ROASTED SALTED ALMONDS

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 160	Calories from Fat 130
% Daily Value*	
Total Fat 15g	23%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Sodium 60mg	2%
Total Carbohydrate 6g	2%
Dietary Fiber 3g	12%
Protein 6g	
Calcium 6%	Iron 6%
Not a significant source of cholesterol, vitamin A, vitamin C or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Almonds, Canola, Peanut and/or Soybean Oil, Salt

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

SALTED JUMBO CASHEWS

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 156	Calories from Fat 115
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 30mg	2%
Total Carbohydrate 9g	3%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 5g	
Vitamin A 2%	Vitamin C 2%
Calcium 2%	Iron 8%
Not a significant source of cholesterol.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Cashews, Canola, Peanut and/or Soybean Oil, Salt

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

HOMESTYLE SALTED PECANS

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 220	Calories from Fat 180
% Daily Value*	
Total Fat 20g	31%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 47mg	2%
Total Carbohydrate 7g	2%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 3g	
Iron 4%	
Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Pecans, Canola, Peanut and/or Soybean Oil, Salt

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



ORIGINAL

RED SKIN PEANUTS

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 85mg	4%
Total Carbohydrate 7g	2%
Dietary Fiber 5g	20%
Sugars 1g	
Protein 7g	
Iron 2%	
Not a significant source of cholesterol, sugars, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Canola, Peanut and/or Soybean Oil, Salt

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



MIXED NUTS

MIXED NUTS

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 190	Calories from Fat 160
% Daily Value*	
Total Fat 17g	26%
Saturated Fat 3g	15%
<i>Trans</i> Fat 0g	
Sodium 135mg	6%
Total Carbohydrate 7g	2%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 5g	
Calcium 3%	• Iron 6%
Not a significant source of cholesterol, vitamin A, or vitamin C.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg

Ingredients: Cashews, Peanuts, Pecan Halves, Macadamias, Shelled Pistachios, Canola, Peanut and/or Soybean Oil, Salt

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



SNACK MIXES

AFTER 5 MIX

Nutrition Facts		
Serving Size About 1 oz (30g)		
Servings Per Container: 14		
Calories 140	Calories from Fat 70	
% Daily Value*		
Total Fat 8g	12%	
Saturated Fat 1.5g	8%	
Trans Fat 0g		
Sodium 220mg	9%	
Total Carbohydrate 12g	4%	
Dietary Fiber 2g	8%	
Sugars 2g		
Protein 4g		
Calcium 2%	Iron 6%	
Not a significant source of cholesterol, vitamin A, or vitamin C.		
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.		
	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Ingredients: Hot Honeys Peanuts (Sugar, Honey, Salt, Peanut Oil, Potato Starch, Cellulose Gum, Spices, Onion Powder, Corn Syrup Solids, Corn Starch, Garlic Powder, Natural Flavors, Xanthan Gum, Citric Acid, Vinegar Powder, Spice Extractive, and Extractives of Paprika); Cheddar Whales [Bleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Soybean Oil, Cheddar Cheese (Pasteurized milk, cheese cultures, salt, enzymes), Salt, Sugar, Yeast Extract, Citric Acid, Sodium Bicarbonate, Whey, Corn Syrup, Paprika, Monosodium Glutamate, Turmeric, Lactic Acid, Spices, Onion Powder, Garlic Powder, Artificial Colors (FD&C Yellow #5 and #6)]; Pumpkin Seeds (pumpkin seeds, peanut oil); Sesame Sticks, Honey Roasted [Unbleached Wheat Flour (contains Malted Barley Flour as a Natural Enzyme Additive), Soybean Oil, Sesame Seeds, Honey Coating (Sucrose, Wheat Starch, Honey), Bulgur Wheat, Tack Blend (Maltodextrin, Xanthan Gum), Salt, Beet Powder, Turmeric]; Mustard Pretzels [Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (may contain one or more of the following oils: Soybean, Palm, Cottonseed or Canola), Mustard, Salt, Maltodextrin, Corn Syrup Solids, Malt, Autolyzed Yeast, Worcestershire Powder (Salt, Dextrose, Caramel Color, Monosodium Glutamate, Garlic, Mustard, Carboxylated Cellulose, Malic Acid, Onion, Natural Flavors, Spices), Onion, Garlic, Yeast, Turmeric, Sodium Dicarboxylate, Disodium Inosinate, Disodium Guanylate); Chili Lemon Rounds [Rice Flour, Corn Flour, Chile Lemon Seasoning (Maltodextrin, Salt, Paprika with Other Spices, Citric Acid, Onion Powder, Tomato Powder, Garlic Powder, Natural Flavorings, Chile Pepper, Paprika Extract, Cocoa Powder [with Alkali]), Less than 2% Silicon Dioxide added to prevent caking), Canola and/or Peanut Oil]; Oat Bran Sticks [Unbleached wheat flour, (malted barley flour added as a preservative), soybean oil, sesame seeds, oat bran, bulgur wheat, salt, beet powder (color), turmeric (color)].

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



FLAVORED

HOT HONEYS

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 160	Calories from Fat 110
% Daily Value*	
Total Fat 12g	19%
Saturated Fat 1.5g	9%
Trans Fat 0g	
Sodium 200mg	7%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	8%
Sugars 5g	
Protein 6g	
Vitamin C 2%	• Calcium 4%
Iron 6%	
Not a significant source of cholesterol or vitamin A.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Sugar, Honey, Salt, Canola, Peanut and/or Soybean Oil, Potato Starch, Cellulose Gum, Spices, Onion Powder, Corn Syrup Solids, Corn Starch, Garlic Powder, Natural Flavors, Xanthan Gum, Citric Acid, Vinegar Powder, Spice Extractive, Extractives of Paprika

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

BACON RANCH

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 320mg	12%
Total Carbohydrate 7g	2%
Dietary Fiber 4g	11%
Sugars 1g	
Protein 7g	
Calcium 2%	• Iron 4%
Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Canola, Peanut and/or Soybean Oil, Buttermilk, Maltodextrin, Salt, Garlic and Onion Powders, Sweet Cream Solids, Spices, Natural Flavors (including milk), Citric Acid, Sour Cream Solids (cultured cream, nonfat milk)

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

DILL PICKLE

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 230mg	10%
Total Carbohydrate 7g	2%
Dietary Fiber 4g	11%
Sugars 1g	
Protein 7g	
Iron 4%	
Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Canola, Peanut and/or Soybean Oil, Whey, Vinegar Powder (maltodextrin, vinegar, modified food starch), Lactose, Salt, Sugar, Citric Acid, Spices, Onion and Garlic Powders, Autolyzed Yeast Extract, Natural Flavors

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

FIREHOUSE HABANERO

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 280mg	10%
Total Carbohydrate 7g	2%
Dietary Fiber 4g	11%
Sugars 1g	
Protein 7g	
Iron 4%	
Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Canola, Peanut and/or Soybean Oil, Spices, Salt, Onion Powder, Corn Syrup Solids, Corn Starch, Garlic Powder, Natural Flavors, Xanthan Gum, Citric Acid, Vinegar Powder, Spice Extractives, Extractives of Paprika

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



FLAVORED

MAUI ONION

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 280mg	11%
Total Carbohydrate 7g	2%
Dietary Fiber 4g	11%
Sugars 1g	
Protein 7g	
Iron 4%	
Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Canola, Peanut and or Soybean Oil, Sugar, Onion and Garlic Powders, Salt, Whey, Fructose, Autolyzed Yeast Extract, Torula Yeast, Hydrolyzed Soy Protein, Dextrose, Malic Acid, Natural Flavor, Caramel Color

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

PEANUT BUTTER & JELLY

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 180	Calories from Fat 120
% Daily Value*	
Total Fat 14g	22%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Sodium 270mg	11%
Total Carbohydrate 21g	7%
Dietary Fiber 1g	4%
Sugars 3g	
Protein 6g	
Calcium 2% • Iron 4%	
Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Canola, Peanut and or Soybean Oil, Sugar, Salt, Grape Juice Powder (grapejuice solids, maltodextrin, tartaric acid), Natural Flavor, Malic Acid, Artificial Colors (blue #2 lake, red #40 lake, blue #1, red #40)

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

SMOKEY MOZZARELLA

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 180	Calories from Fat 130
% Daily Value*	
Total Fat 14g	22%
Saturated Fat 3g	15%
Trans Fat 0g	
Sodium 160mg	7%
Total Carbohydrate 6g	2%
Dietary Fiber 4g	16%
Sugars 1g	
Protein 6g	
Calcium 2% • Iron 4%	
Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Canola, Peanut and or Soybean Oil, Maltodextrin, Cheddar Cheese (cultured milk, salt, enzymes), disodium phosphate, salt lactic acid), Whey, Salt, Natural Flavors (contains milk), Onion and Garlic Powder, Nonfat Dry Milk

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

CAROLINA BBQ

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 230mg	10%
Total Carbohydrate 7g	2%
Dietary Fiber 4g	11%
Sugars 1g	
Protein 7g	
Iron 4%	
Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Canola, Peanut and/ or Soybean Oil, Sugar, Salt, Paprika, Spices, Autolyzed Yeast, Onion Powder, Natural Smoke Flavor, Caramel Color, Garlic Powder, Spice Extractive, Extractives of Paprika

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



SRIRACHA RANCH

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container 12	
Amount Per Serving	
Calories 180	Calories from Fat 140
% Daily Value*	
Total Fat 15g	23%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	5%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 6g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Peanuts, Canola, Peanut and/or Soybean Oil, Hot Sauce Powder [(aged cayenne pepper, vinegar, salt, garlic), maltodextrin], Salt, Garlic and Onion Powder, Buttermilk, Vinegar Powder (maltodextrin, distilled white vinegar, modified corn starch), Sour Cream (cultured cream, nonfat milk), Dextrose, Corn Syrup Solids, Natural Flavors, Spices, Tomato Powder, Citric Acid, Yeast Extract, Lactic Acid, Malic Acid, Extractives of Paprika.

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

SEA SALT & PEPPER

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 85mg	4%
Total Carbohydrate 7g	2%
Dietary Fiber 5g	20%
Sugars 1g	
Protein 7g	
Iron 4%	

Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Ingredients: Peanuts, Canola, Peanut and/or Soybean Oil, Sea Salt, Black Pepper

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

JALAPEÑO

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 280mg	10%
Total Carbohydrate 7g	2%
Dietary Fiber 4g	11%
Sugars 1g	
Protein 7g	
Iron 4%	

Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Ingredients: Peanuts, Canola, Peanut and/or Soybean Oil, Salt, Paprika, Onion Powder, Corn Syrup Solids, Corn Starch, Spices, Garlic Powder, Natural Flavors, Xanthan Gum, Citric Acid, Vinegar Powder

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

FLAVORED

Wasabi Ginger

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 170mg	7%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 7g	
Vitamin C 2%	Iron 4%

Not a significant source of cholesterol, vitamin A or calcium.

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Ingredients: Peanuts, Canola, Peanut and/or Soybean Oil, Maltodextrin, Salt, Spices (including mustard), Onion and Garlic Powder, Wasabi Powder (horseradish, wasabi), Sugar, Natural Flavors (including horseradish and mustard extracts), Parsley, Yeast Extract, Citric Acid, Spice Extractive

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



CANDIED

HONEY ROASTED PEANUTS

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 160	Calories from Fat 110
% Daily Value*	
Total Fat 12g	19%
Saturated Fat 1.5g	9%
Trans Fat 0g	
Sodium 120mg	5%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	8%
Sugars 5g	
Protein 6g	
Calcium 2%	• Iron 6%
Not a significant source of cholesterol, vitamin A, or vitamin C.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Sugar, Honey, Salt, Canola, Peanut and/or Soybean Oil, Potato Starch, Cellulose Gum

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

HONEY ROASTED PECANS

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 210	Calories from Fat 180
% Daily Value*	
Total Fat 19g	30%
Saturated Fat 1.5g	9%
Trans Fat 0g	
Sodium 67mg	3%
Total Carbohydrate 8g	2%
Dietary Fiber 1g	4%
Sugars 5g	
Protein 2g	
Iron 6%	
Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Pecans, Sugar, Honey, Salt, Canola, Peanut and/or Soybean Oil, Potato Starch, Cellulose Gum

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

HONEY ROASTED CASHEWS

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 12g	20%
Saturated Fat 1.5g	9%
Trans Fat 0g	
Sodium 110mg	4%
Total Carbohydrate 10g	4%
Dietary Fiber 1g	4%
Sugars 6g	
Protein 5g	
Vitamin A 2%	• Vitamin C 2%
Calcium 2%	• Iron 6%
Not a significant source of cholesterol.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Cashews, Sugar, Honey, Salt, Canola, Peanut and/or Soybean Oil, Potato Starch, Cellulose Gum

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

BUTTER TOASTED PEANUTS

Nutrition Facts	
Serving Size 1 oz (30g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 140	Calories from Fat 76
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 1g	5%
Trans Fat 0g	
Sodium 38mg	2%
Total Carbohydrate 21g	7%
Dietary Fiber 1g	4%
Sugars 18g	
Protein 3g	
Not a significant source of cholesterol, vitamin A, vitamin C, calcium, or iron.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Sugar, Peanuts, Butter, Salt, Honey, Soy Lecithin

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



CHOCOLATE

(Seasonal)

MILK CHOCOLATE COVERED PEANUTS

Nutrition Facts	
Serving Size About 9 Pieces (30g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 160	Calories from Fat 85
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 3mg	1%
Sodium 18mg	1%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 15g	
Protein 2g	
Calcium 3%	
Not a significant source of vitamin A, vitamin C, or iron.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Milk Chocolate [sugar, cocoa butter, milk, chocolate liquor, soy lecithin (an emulsifier), artificial flavor (vanillin)], Peanuts

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

DARK CHOCOLATE COVERED PEANUTS

Nutrition Facts	
Serving Size About 22 Pieces (30g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 165	Calories from Fat 104
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 5g	23%
Trans Fat 0g	
Sodium 3mg	0%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	6%
Sugars 10g	
Protein 4g	
Iron 4%	
Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Dark Chocolate [sugar, chocolate liquor, cocoa butter, anhydrous milk fat, soy lecithin (an emulsifier), vanilla], Peanuts, Gum Arabic, Corn Syrup, Sugar, Certified Confectioner's Glaze (food grade lac resin)

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

MILK CHOCOLATE COVERED ALMONDS

Nutrition Facts	
Serving Size About 10 Pieces (30g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 160	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 3mg	1%
Sodium 14mg	1%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	6%
Sugars 12g	
Protein 3g	
Calcium 5%	Iron 3%
Not a significant source of vitamin A or vitamin C.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg

Ingredients: Milk Chocolate [sugar, cocoa butter, milk, chocolate liquor, soy lecithin (an emulsifier), artificial flavor (vanillin)], Almonds, Gum Arabic, Corn Syrup, Sugar, Certified Confectioner's Glaze (food grade lac resin)

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

DARK CHOCOLATE COVERED ALMONDS

Nutrition Facts	
Serving Size About 10 Pieces (30g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 160	Calories from Fat 108
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 4g	20%
Trans Fat 0g	
Sodium 1mg	0%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	9%
Sugars 11g	
Protein 3g	
Calcium 3%	Iron 5%
Not a significant source of cholesterol, vitamin A, or vitamin C.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg

Ingredients: Dark Chocolate [sugar, chocolate liquor, cocoa butter, anhydrous milk fat, soy lecithin (an emulsifier), vanilla], Almonds, Gum Arabic, Corn Syrup, Sugar, Certified Confectioner's Glaze (food grade lac resin)

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



CHOCOLATE

(Seasonal)

MILK CHOCOLATE COVERED CASHEWS

Nutrition Facts	
Serving Size About 8 Pieces (30g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 165	Calories from Fat 97
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 3mg	1%
Sodium 16mg	1%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	6%
Sugars 13g	
Protein 3g	
Calcium 3%	• Iron 4%
Not a significant source of vitamin A or vitamin C.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Milk Chocolate [sugar, cocoa butter, milk, chocolate liquor, soy lecithin (an emulsifier), artificial flavor (vanillin)], Cashews, Gum Arabic, Corn Syrup, Sugar, Certified Confectioner's Glaze (food grade lac resin)

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

DARK CHOCOLATE COVERED CASHEWS

Nutrition Facts	
Serving Size About 8 Pieces (30g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 163	Calories from Fat 106
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 5g	25%
Trans Fat 0g	
Sodium 2mg	0%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	9%
Sugars 11g	
Protein 2g	
Iron 6%	
Not a significant source of cholesterol, vitamin A, vitamin C, or calcium.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Dark Chocolate [sugar, chocolate liquor, cocoa butter, anhydrous milk fat, soy lecithin (an emulsifier), vanilla], Cashews, Gum Arabic, Corn Syrup, Sugar, Certified Confectioner's Glaze (food grade lac resin)

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

MILK CHOCOLATE COVERED PECANS

Nutrition Facts	
Serving Size About 10 Pieces (30g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 108
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 3mg	1%
Sodium 16mg	1%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 14g	
Protein 2g	
Calcium 3%	• Iron 2%
Not a significant source of vitamin A or vitamin C.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g

Ingredients: Milk Chocolate [sugar, cocoa butter, milk, chocolate liquor, soy lecithin (an emulsifier), artificial flavor (vanillin)], Pecans, Gum Arabic, Corn Syrup, Sugar, and Certified Confectioner's Glaze (food grade lac resin)

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



CONFECTIONS

PEANUT BRITTLE

Nutrition Facts	
Serving Size 2 Pieces (20g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 80	Calories from Fat 15
% Daily Value*	
Total Fat 2g	8%
Saturated Fat 0g	10%
Trans Fat 0g	
Sodium 65mg	10%
Total Carbohydrate 15g	7%
Dietary Fiber 0g	3%
Sugars 9g	
Protein 1g	
Not a significant source of cholesterol, vitamin A, vitamin C, calcium, or iron.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrates 4 • Protein 4	

Ingredients: Corn Syrup, Sugar, Roasted Peanuts (Peanuts, Corn Oil) Sodium Bicarbonate, Salt.

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

CHOCOLATE COVERED PEANUT BRITTLE

Nutrition Facts	
Serving Size 1.1oz (30g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 140	Calories from Fat 60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 3mg	1%
Sodium 144mg	6%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	2%
Sugars 17g	
Protein 2g	
Not a significant source of vitamin A, vitamin C, or iron.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Milk Chocolate [sugar, cocoa butter, milk, chocolate liquor, soy lecithin (an emulsifier), artificial flavor (vanillin)], Peanut Brittle (sugar, corn syrup, peanuts, hydrogenated coconut oil, butter, salt, bicarbonate of soda, soy lecithin)

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

PEANUT SQUARES

Nutrition Facts	
Serving Size 1oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 140	Calories from Fat 70
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 1g	5%
Trans Fat 0g	
Sodium 35mg	1%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 10g	
Protein 5g	
Not a significant source of cholesterol, vitamin A, vitamin C, calcium, or iron.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Peanuts, Sugar, Corn Syrup, Salt

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

PEANUT BUTTER CRUMBLES

Nutrition Facts	
Serving Size 1.4oz (40g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 160	Calories from Fat 25
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Sodium 95mg	4%
Total Carbohydrate 33g	11%
Sugars 24g	
Protein 2g	
Not a significant source of cholesterol, dietary fiber, vitamin A, vitamin C, calcium, or iron.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Sugar, Corn Syrup, Peanut Butter, Flour, Salt, Sodium Bicarbonate

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



CONFECTIONS

PECAN PUDDLES

Nutrition Facts	
Serving Size 2 Pieces (45g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 210	Calories from Fat 115
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 46mg	2%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	3%
Sugars 20g	
Protein 2g	
Calcium 4%	
Not a significant source of vitamin A, vitamin C, or iron.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Milk Chocolate [sugar, cocoa butter, milk, chocolate liquor, soy lecithin (an emulsifier), artificial flavor (vanillin)], Pecans, Sweetened Condensed Milk (milk, sugar), Corn Syrup, Sugar, Coconut Oil, Salt, Artificial Vanilla Flavor

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.

WHITE FROSTED PECANS

Nutrition Facts	
Serving Size 8 Pieces (30g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 175	Calories from Fat 108
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 6g	30%
Trans Fat 0g	
Sodium 38mg	2%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	2%
Sugars 14g	
Protein 2g	
Calcium 5%	
Not a significant source of cholesterol, vitamin A, vitamin C, or iron.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: White Coating [sugar, partially hydrogenated palm kernel oil, nonfat dry milk powder, whole milk powder, soy lecithin (an emulsifier), salt, natural flavor, sorbitan tristearate (an emulsifier), artificial flavor], Pecans, Gum Arabic, Corn Syrup, Sugar, Certified Confectioner's Glaze (food grade lac resin)

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



BOILED PEANUTS

GREEN BOILED PEANUTS

Nutrition Facts	
Serving Size (1/4 cup) (34g)	
Servings Per Container about 7	
Amount Per Serving	
Calories 90	Calories from Fat 60
% Daily Value*	
Total Fat 13g	11%
Saturated Fat 4g	8%
Trans Fat 0g	
Sodium 46mg	13%
Total Carbohydrate 23g	1%
Dietary Fiber 4g	16%
Protein 4g	
Calcium 2%	Iron 2%
Not a significant source of cholesterol, sugars, vitamin A or vitamin C.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrates 4 • Protein 4	

Ingredients: Peanuts, Water, Salt, and Erythorbic Acid (to promote color retention)

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.



PISTACHIOS

ROASTED SALTED PISTACHIOS

Nutrition Facts	
Serving Size 1/2 cup (60g) with shells 1/4 cup (30g) without shells	
Servings Per Container Varied	
Amount Per Serving	
Calories 170	Calories from Fat 120
% Daily Value*	
Total Fat 14g	21%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Polyunsaturated Fat 4g	
Monounsaturated Fat 7g	
Sodium 115mg	5%
Potassium 290mg	8%
Total Carbohydrate 7g	2%
Dietary Fiber 3g	12%
Sugars 2g	
Protein 7g	
Vitamin C 2%	• Calcium 2%
Iron 6%	
Not a significant source of cholesterol or vitamin A.	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg

Ingredients: Dry Roasted Pistachios, Sea Salt

Allergen Alert: This product is manufactured on equipment that processes peanuts, tree nuts, milk, wheat, egg, and soy ingredients. Trace amounts may be present.